

SPECIAL ISSUE ON HEALTH AND BEAUTY

Town & Country

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YOUR
BEST—
AT
EVERY
AGE**

**TWO LIFE-
CHANGING
SPAS**

**BEAUTY
TIPS FOR
BUSY
WOMEN**

**COSMETIC
SURGERY
OUR TOP-TO-
BOTTOM
GUIDE**



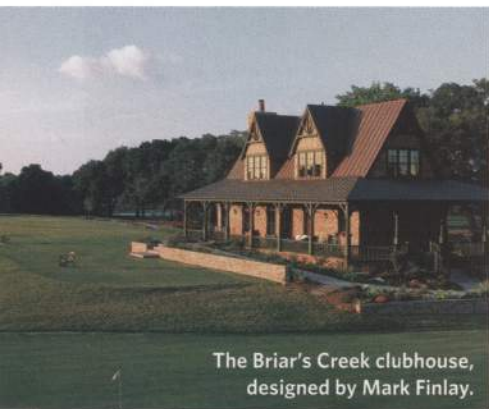
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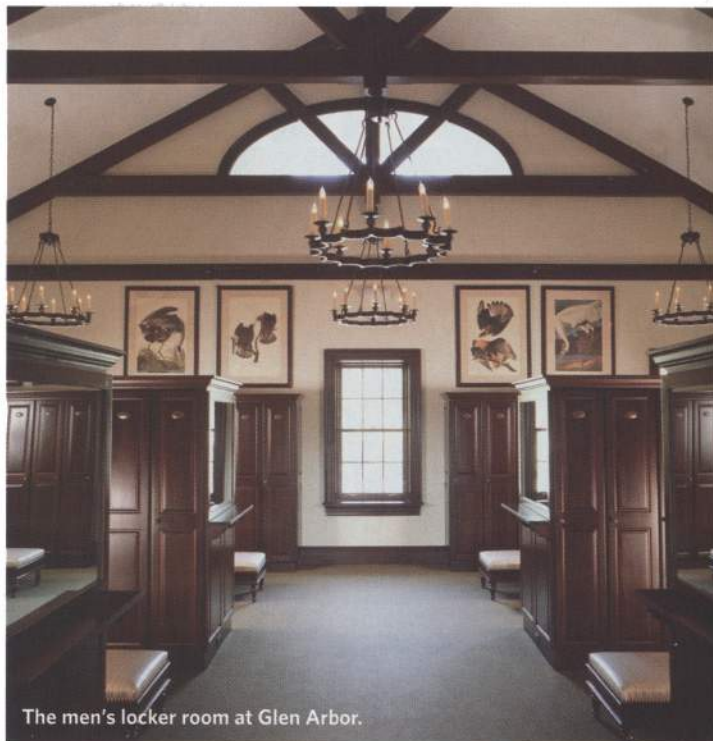
THE CLUBHOUSE, RETHOUGHT

The clubhouse at Glen Arbor Golf Club, in Bedford, New York, looks as if it had been built in the heyday of the area's great private estates. However, the impressive Greek Revival facility was completed in 2002 and is the work of Southport, Connecticut-based architect **MARK FINLAY**. Probably best known for his large-scale residential projects, Finlay has taken the lead in golf-club design, with projects at Briar's Creek, on Johns Island, South Carolina, and at the Alotian Club, outside Little Rock, Arkansas, as well as a complete redesign of a 1920s clubhouse at Sankaty Head, on Nantucket. As it turns out, Finlay's residential work informs his clubhouses,



The Briar's Creek clubhouse, designed by Mark Finlay.

which are formal but not stuffy and quietly invite the outdoors inside. At Glen Arbor, even the men's locker room, a merely utilitarian space in days of yore, has been enhanced (by decorator Marietta Himes Gomez), and it features the kinds of fittings you'd expect in a private house: mahogany locker bays with manly chandeliers; Audubon prints on the walls; and commodious, spa-quality private showers with deluge



The men's locker room at Glen Arbor.

showerheads, Waterworks hardware and etched-glass doors.

"Anything that you would find in a luxurious home you'll now find in the clubhouses we're designing or redesigning," Finlay says. "They are coming closer and closer to being the equal of the finest homes in Greenwich, Palm Beach or Santa Barbara—perhaps superior." In fact, Glen Arbor's interiors are so inviting, you might forget that there's an award-winning, Gary Player-designed course just outside the door. *Mark P. Finlay Architects, 203-254-2388; markfinlay.com.*

TOM CONNOR

HYBRIDS AT THE FORE

If you're the type of golfer who dreads that long approach shot (and, let's face it, who among us isn't?), take heart: help is here. The sport's hot hybrid clubs—basically, part fairway wood, part iron—make it easier than ever to get the ball in the air from those tough fairway lies. Originally designed to replace long irons, which can be hard to hit with, hybrids have a lower center of gravity and a bigger clubhead than more traditional sticks. The result? The length and feel of a long iron with the high launch of a fairway wood. Hybrids work well from the bunker and the rough; they can even pinch-hit as a chipper. Women in particular love the clubs' versatility. Shown here are some of the year's top hybrid offerings, all of which come in models

specifically designed for women. **1. TAYLORMADE's** Rescue Dual is the first of its kind, with movable weights in the back of the clubhead that allow golfers to adjust the club's center of gravity to accommodate different swing styles (available in graphite, \$275, or steel, \$235; taylor madegolf.com). **2. NIKE's** new CPR 3 Iron-Wood has a slim scoop-back design for improved accuracy (graphite, \$160; steel, \$140; nikegolf.com). **3. The NIKE** Slingshot Hybrid combines a lightweight graphite-composite crown with the familiar low-slung Slingshot profile (graphite, \$200; steel, \$180; nikegolf.com). **4. From CALLAWAY GOLF,** the FT-Hybrid features either a draw or a neutral center-of-gravity configuration (graphite, \$275; steel, \$250; callawaygolf.com).

JAMIE MARSHALL

